



# RADIONUCLIDE DATA SHEET

## Cobalt

**Co-57**

27 protons

30 neutrons

**Radiation:**          **Decay mode:**    Electron  
  Capture

**Major Gammas:**

E (MeV)	# per 100 dis
0.014	9.16
0.122	85.6
0.136	10.68

Max. Beta Range in air          N/A cm    or    N/A ft

Max. Beta Range in water      N/A cm

**Avg. gamma E =**    0.114 MeV**Half - life:**                  271.79 days**Gamma constant:**      1 mR/hr per mCi at 30 cm**Radiological data:**    **Min. Ingestion ALI:**      4000 $\mu$ Ci equals 5rem TEDE (Whole Body)  **Min. Inhalation ALI:**    700  $\mu$ Ci equals 5rem TEDE (Whole Body)**Doses:****Skin Dose:**                    Reported for 1  $\mu$ Ci over 10 cm<sup>2</sup> of skin  
  48.3 mrad/hr (gamma dose)**Point Source:**    0 mrad/hr (beta dose)**Disk Source:**      0 mrad/hr (beta dose)

<b><u>Shielding data:</u></b>	<b>Max. range for beta:</b>	Plastic	=	N/A cm
		Aluminum	=	N/A cm
	<b>Tenth Value Thickness for average gamma:</b>	Concrete	=	cm
		Lead	=	cm

**Detection Information:**    Usable Detectors listed with estimated efficiencies  
(Use efficiencies listed on instrument when available)

<b>Ludlum 3 with pancake probe at 1 cm:</b>	%	<b>Liq. Scint. Counter:</b>	%
<b>Ludlum 3 with NaI probe near surface:</b>	%	<b>Gamma Counter:</b>	%

**Action Quantities:**

Bench top quantity must be less than	7000 $\mu$ Ci
Containers require labeling when greater than	100 $\mu$ Ci
Rooms require posting when there is greater than	1000 $\mu$ Ci
Contamination lasting more than 24 hrs require NRC notification when greater than	3500 $\mu$ Ci